

Ayyappa Agraharapu

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Summary

I am a **BFY (Better Fitness for You) certified personal trainer**. I am looking forward to opportunities that can help me grow as a personal trainer and benefit my clients by focusing on and assisting them achieve their fitness goals. **BFY is India's premier health and fitness education**, and consultancy organization with focus on certification for International courses on Fitness. Academically, I am a Bachelor of Computer science and post graduate in MBA, but my prime focus and love has always been fitness for myself and others.

Profile

- I am a dedicated fitness professional and my passion is improving client health, fitness and health-related quality of life.
- I specialize in delivering high-energy training using the latest techniques in exercise routines, cardio programs and strength training.
- I am experienced in delivering fitness, weight loss and nutrition programs for youth, adults and senior citizens that are fun, safe and extremely effective.
- Tailoring programs to suite individual needs/goals and motivational levels is what has given me success in my personal training assignments.
- Delivering progress at sustainable speed for my clients has been one of the reasons my clients have always been happy with my association with them.

Education Qualifications

Professional Qualification	1. Certified Specialist as Fitness Trainer in 2018 from Better Fitness for You.
	2. Certified Personal Trainer in 2018 from Better Fitness for You.
Academic Qualification	
M.B.A	Post-graduation from JNTU university, Kakinada in 2017.
Degree	Bachelor of Computer science from Andhra University, in 2013.
Inter	Intermediate Commerce from Board of Intermediate Education A.P. year 2007.
SSC	High School from Board of Secondary Education A.P. year 2005.

Work Experience

Working as Fitness Trainer in Sri Vasavi Engineering College ,Pedatadepalli, from 2021 will get 2 Years of Solid Experience.

Skills

- 1-on-1 Personal Training
- Group Fitness Instruction
- Client Goal-Setting & Motivation
- Strength & Conditioning
- Cardiovascular / Endurance Training

Personal Details

Father's Name : Veerraju Agraharapu(Late)
Date of Birth : 16-02-1990
Hobbies : Playing sports.
Languages Known : Hindi, Telugu

Signature:

Date:

Place: